

# HIGH BLOOD PRESSURE FOUNDATION

Dates for your diary

**CELEBRATING 20 YEARS**

Dedicated to improving understanding, assessment, treatment and public awareness of high blood pressure.

### **Friday 3 September 2010 Golf Classic 2010**

The High Blood Pressure Foundation, in conjunction with the Edinburgh-based Sportsman's Charity, would like to invite you to 'tee off' for the Golf Classic 2010 at Bruntsfield Links in Edinburgh on Friday 3 September 2010. The day starts with a light lunch followed by a 'Texas Scramble' golf tournament. In the evening a dinner and prize giving will take place in the clubhouse. We are delighted to welcome Donald Ford as our after-dinner speaker. This promises to be a most sought after 'tee ticket' so early booking is advisable. The cost for a team of four is £460, or individual entry £115.

### **Sunday 12 September 2010**

Pedal for Scotland in support the High Blood Pressure Foundation What better way to spend Sunday – a relaxing, scenic cycle ride with family and friends or a pedal with pressure for the more serious cyclist. Either way you could help to raise vital funds to support the work of the High Blood Pressure Foundation. We are looking for individuals or teams to participate in this fun event. Further details from [www.pedalforscotland.org](http://www.pedalforscotland.org)

### **Wednesday 17 November 2010**

HBPF Symposium at the Royal College of Physicians of Edinburgh. We are delighted to welcome Professor Peter Rothwell, Professor of Clinical Neurology and Director of the Stroke Prevention Unit at the University of Oxford as the keynote speaker at this prestigious event which will be open to health professionals and members of the public. Further details will follow.

### **Friday 19 November 2010**

Join us to celebrate in style the 20th Anniversary of the High Blood Pressure Foundation at the Heart and Soul Ball 2010 – with a 'Touch of the Twenties'. A perfect opportunity to get together with family, friends or colleagues on this glittering occasion in the Caledonian Hotel, Edinburgh.

Table £750 (ten people) or individual tickets £75 (to include a glass of fizz on arrival, and a delicious three course dinner with wine and coffee). Dancing into the small hours to the sound of Roadrunner will ensure this is a memorable evening for you and your guests. Book by 1 September and receive a special 'early bird' booking fee of £700/£70.

### **Tuesday 12 October – Saturday 18 December 2010**

Our Christmas cards will be on sale at the Christmas Charity Card Shop in St George's West Church, Shandwick Place Edinburgh Mon-Sat 10am–4pm.

Further information and details about any of these events please contact Susan Inch or Penny Davis at the HBPF office.  
Tel: 0131 332 9211 or visit [www.hbpf.org.uk](http://www.hbpf.org.uk)